



# BLOOD PRESSURE QUESTIONNAIRE

Name of Proposed Insured:	Policy No:
Occupation:	Date of Birth: (DD/MM/YY)

1. Have you ever been told that your blood pressure was elevated?  Yes  No

If "Yes" give date and reading(s)

Day	Month	Year	Reading(s)

2. a. When did you last have your blood pressure measured? \_\_\_\_\_

2. b. Do you know what your blood pressure was on this occasion?  Yes  No

If "Yes", give dates and BP reading?

3. Do you currently take any medication to lower your blood pressure?  Yes  No

If "Yes", please provide details including names, dosages and frequency:

Name of medication	Dose	Frequency	When did you start taking this?

4. Please provide the name and address of the doctors and/or specialists you have seen in relation to your raised blood pressure.

Name of doctor, hospital or clinic	Addresses	Date late consult



5. Other than already stated above, have you ever taken any other medication to lower your blood pressure? If yes, please provide details:  Yes  No

Name of medication or treatment	Dose	Frequency	When did you stop taking this?

6. Have you ever had any related tests or investigations e.g. blood test, 24 hour blood pressure recording, electrocardiogram, echocardiogram, urine test etc.? If yes, please provide details:  Yes  No

Name of test or investigation	Location	Date	Results

7. Do you suffer from any related problems e.g. raised cholesterol, diabetes mellitus, heart, kidney or eye problems? If yes, please provide details:  Yes  No

\_\_\_\_\_

8. Other than regular monitoring of your blood pressure, has any future treatment or investigation been discussed or contemplated? If yes, please provide details:  Yes  No

\_\_\_\_\_

9. Please provide any additional information that you feel is important.

I declare that the above statements are full, complete and true, and agree that they shall form a part of my application for the policy, I hereby authorize any physician or practitioner who has observed me for diagnosis or treatment, or for any disease or ailment, or any hospital or clinic where I have been a patient for diagnosis, treatment, disease or ailment, or any insurance company to which I have applied or other organization, institution or person that has any record or knowledge of me or my health, to give full particulars, including any prior medical history, to **Sagicor Life Insurance Trinidad & Tobago Limited**.

A photocopy of this authorization shall be as valid as the original.

Dated at \_\_\_\_\_ this \_\_\_\_\_ day of \_\_\_\_\_ 20 \_\_\_\_\_

\_\_\_\_\_  
Signature of Proposed Insured

\_\_\_\_\_  
Signature of Medical Examiner

EXAMINER'S REPORT				
	Time	Systolic	Diastolic	Pulse
1. Blood Pressure	am/pm			
2. Additional Readings (Current) to be taken 20 minutes apart or on different days				
Date	Time	Systolic	Diastolic (Cessation of Sound)	Pulse
	am/pm			
	am/pm			

3. Are there any abnormal signs in the fundoscopic examination of the retina?  Yes  No

4. Remarks \_\_\_\_\_

\_\_\_\_\_  
Signature of Examiner

\_\_\_\_\_  
Doctor's Stamp

\_\_\_\_\_  
Date